

# THURSDAY LEARNING SESSIONS



## **Parental Alienation Syndrome: What is it, and who does it?**

**Ann Pimentel-Kerr**

**(Cypress 1)**

Parental alienation syndrome occurs when one parent attempts to turn the couple's children against the other parent. In this training, discover what kind of parent lies to turn their kids against the other parent. This training will also include: the Definition of Parental Alienation Syndrome, four categories of brainwashing, the stages of Parental Alienation Syndrome, the types of alienators, the Risk Factors in Parental Alienation Syndrome, and the do's & don'ts about Parental Alienation Syndrome.

## **Begin with the End in Mind: Family Goals and Transition Plans**

**Caitlin Murphy and the Program Specialist Team**

**(Cypress 2)**

Family goals and transition plans have changed a bit over the years! Come find out what both look like today with this rapid refresher on their purpose and intent, the process of creating and working them, and the required elements of documentation.

## **Marijuana and Pregnancy**

**Ashley Reedy, CHES**

**(Cypress 3)**

During this presentation, attendees will learn how marijuana policies in the U.S. are affecting communities, with an emphasis on pregnant women and families. An overview of policy, the marijuana plant, changes in potency over time, marketing and products geared towards women, trends and usage rates, research on the outcomes of use during pregnancy, and educational resources will be discussed.

## **Reflective Supervision/Infant Mental Health Endorsement**

**Dr. Christine Hughes**

**(Cypress 4)**

Reflective supervision/consultation (RS/C) is a relationship-based supervisory approach. RS/C offers professionals the experiences of being heard, validated, and affirmed. Dr. Hughes will discuss the RS/C model and how it's integrated in the IMH Endorsement process.

## **Grief and Loss**

**BJ Develle, LCSW**

**(Cypress 5)**

Loss is present in all of our lives. Participants in this session will identify various types of loss in both the professional and personal settings while exploring the strengths and challenges of a commonly known model for grief. We will identify and discuss not only how to navigate this process, but how to provide support to ourselves and those around us on this journey.

# MEET OUR SPEAKERS



Learn more about each speaker  
by scanning the QR code!



**SABRINA WALKER HERNANDEZ**  
President/CEO, Supporting World Hope (SWH)  
*Opening Keynote*



**ANN PIMENTEL-KERR**  
Children's Advocacy Center Specialist, Orlando Health  
*Parental Alienation*



**CAITLIN MURPHY**  
Assistant Director, Healthy Families Florida  
*Goal and Transition Planning*



**ASHLEY REEDY, CHES**  
Program Manager, Drug Free America Foundation  
*Marijuana and Pregnancy*



**DR. CHRISTINE HUGHES**  
Executive Director, FAIMH  
*Reflective Supervision and Endorsement Conversations*



**BJ DEVELLE, LCSW**  
Owner & Therapist, Strength In You Counseling  
*Grief and Loss*

# ABOUT THE SPEAKERS

**Sabrina Walker Hernandez:** Sabrina is a certified consultant, coach, facilitator, and bestselling author who helps nonprofits and small businesses build relationships that increase revenue. She has over 25 years of experience in nonprofit management, fundraising, and leadership. Among Sabrina's successes is that she increased operation revenue from \$750K to \$2.5M and completed a \$12M comprehensive capital campaign in the third poorest county in the United States. She has facilitated numerous workshops with hundreds of nonprofit and business professionals. Sabrina is certified in Nonprofit Management by Harvard Business School. She is an active community leader and volunteer in Edinburg, Texas, where she is based.

**Ann Pimentel-Kerr:** Ann is the CAC Specialist at the Children's Advocacy Center. Ann has over 30 years' experience working with children and families, and in the social services/child welfare arena. Ann's experience includes working with children and adults in psychiatric facilities, DCF child abuse investigations, supervision, and many years as a child welfare and social services trainer. Ann provides numerous educational and training opportunities for law enforcement, school personnel, medical professionals, and community providers, and she also presents at conferences & seminars. Ann's trainings and presentations include Child Abuse and Neglect, Reporting Requirements, Human Trafficking, Trauma in Children, Sexual Abuse Prevention, and more. Ann is highly involved in various Children's Cabinets and Task Forces, and currently co-chairs The Tri-County Trauma Informed Community Network.

**Caitlin Murphy and the PS Team:** The Program Services Unit at the HFF central office is composed of Assistant Director Caitlin Murphy and Program Specialists Antigone Anderson, Sally Ash, Tenay Jackson, and Shaniqua Pelham. The team is responsible for completing annual quality assurance visits and providing regular technical assistance for every site from Pensacola to Key West. Each member brings their own unique perspective to the work, gained from their variety of educational and professional experiences. The team is widely regarded as the go-to source on fidelity to the program model and has a combined 23 years of Healthy Families experience!

**Ashley Reedy, CHES:** Ashley is a public health and wellness professional who has served in several roles within the public health field. Ashley is a Certified Health Education Specialist and Mental Health First Aider. She has worked with diverse clients throughout her public health career. She has experience in several public health topics including: tobacco prevention, mental health, substance misuse, chronic disease prevention, and physical education.

**Dr. Christine Hughes:** Dr. Hughes is a Developmental Psychologist, Infant Mental Health Mentor-Policy, nonprofit executive, consultant, trainer, and advocate for young children and their families. She is the Executive Director of the Florida Association for Infant Mental Health and is based in Miami.

**BJ Develle, LCSW:** B.J. Develle is a Licensed Clinical Social Worker from Trinity, FL with over 20 years providing mental health services to children and families throughout North and Central Florida. Over the years, his work has included serving those with severe mental/behavioral health challenges, grief and loss, and difficulty maintaining engagement, as well as populations such as adolescents, parents, residential, post adoption, and those with child welfare involvement. Currently, he balances his time between school social work, developing/providing training, and running his own psychotherapy practice specializing in therapy for men with trauma backgrounds and couples.